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### Implementing Caregiver Resources Handout and Enhancing Parent and Caregiver Appreciation Week

Sidney Coolidge

*Belmont University*, [coolidgesidney@gmail.com](mailto:coolidgesidney@gmail.com)

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Sidney Coolidge, OTD/S

Belmont University School of Occupational Therapy

Faculty Mentor: Kristin Mecha, OTD, OTR/L, BCP, CLC

Expert Mentors: Lauren Morris and Megan Jayroe, M.Ed, NBCT

## MOVE Inclusive Dance

**Mission:** "We are an inclusive dance studio that empowers individuals of all ability levels to learn life skills through dance. We use the power of movement and music to transform our students' lives while providing a nurturing, inviting community for all."

**Vision:** "To make dance accessible to all. Our program will become a household name for those with disabilities and our efforts to create a completely inclusive community will go far beyond the impact of a standard dance studio, creating the standard for all inclusive dance studios to come."

## Agency Needs

- Create and set up a sensory needs area for the dancers for cool down before or after class
- Find resources in the Nashville community for children and families with disabilities
- Create parent and caregiver resource document with information found
- Enhance all studio manuals and ensure accuracy
- Participate in grant writing to help fund the studio and opportunities for the dancers

## Mini Projects

- Assist in development of Peace Corner- a sensory-friendly space for students
- ArtsHERE Grant Application
- Gatorade Grant Application
- Fundraising / acquiring sponsorships for 5K event
- Assist expert mentor with evidence-based annual student evaluations

## Project Goals

- Research local resources that would be beneficial to the families of MOVE Inclusive Dance
- Create resource document with all information found for families to have
- Have conversations with parents and caregivers at the studio to obtain feedback and wishes for the resource document
- Enhance parent and caregiver appreciation week by collaborating with local businesses for support
- Plan activity to benefit parents and caregivers during appreciation week

## Deliverables



The deliverables include a 'Parent + Caregiver Manual' cover page with the MOVE logo and a 'RESOURCES' page. The resources page lists various support services such as Estate Planning, Financial Aid, Facebook Groups, Legal Help, Local Support Groups, Music Therapy, and Respite Care. It also includes a link to access the full resource document and a disclaimer that the information is pulled directly from each website.



## Outcomes

- Improved access to resources for parents and caregivers at MOVE Inclusive Dance
- Provided parents and caregivers with an interactive experience during appreciation week: implementing "take what you need" quote board for parents and caregivers to use as inspiration
- Partnered with local businesses to create a raffle for the parents and caregivers
- Partnered with local businesses to speak during parent and caregiver appreciation week in our studio lobby; businesses included Raymond James Trust, Empower Music Therapy, KidPro, and Autism Career Training

## Acknowledgements

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## Full Resource Handout

Scan QR code to access the full Parent and Caregiver Resource Handout

