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### Encouraging Participation for Trainees at Autism Career Training

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# Encouraging Participation for Trainees at Autism Career Training

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 Faculty Mentor: Dr. Meegan Lambert, OTD, OTR/L, LMT

## Mission and Vision

Autism Career Training (ACT) is a nonprofit organization that teaches vocational skills to young adults with autism. Their mission is to identify the abilities of their trainees and transform them into job skills desired by employers. They utilize a research-based curriculum and hands-on program designed to prepare trainees for success in the workplace.

## Project Goals

- Creation and implementation of research-based social activities and strategies to support trainee participation and engagement
- Networking to facilitate training outcomes and future partnerships with community employers



## Agency Needs

- Structured activities to facilitate social interaction and engagement
- Strategies to improve the participation of each, unique individual
- Networking with employers to provide job opportunities for trainees

## Outcomes

- Manual with resources needed to execute social activities
- Introduction and implementation of sensory profile assessment
- Sensory profile tool with interventions based on scores from assessment
- Manual providing activity analysis per job positions and other resources pertaining to trainee employment in the community

## Acknowledgements

I would like to express my thanks to:

- The ACT staff and my expert mentors, Katie and Toni, for stepping into these roles and allowing me the space to learn and grow.
- My faculty mentor, Dr. Meegan Lambert, and the rest of the OT department as their dedication has equipped me to embrace the beautiful adventure that is OT.
- My former expert mentor and executive director, Matthew Powell. His legacy will live on through the work of this organization.

