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Occupational Therapies Role in Inpatient Obstetrics

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Occupational Therapies Role in Inpatient Obstetrics

Emily Bryant, OTD/S

Faculty and Expert Mentor: Sue Iliff, PhD, OTR/L

Belmont University School of Occupational Therapy

Mission: The School of Occupational Therapy provides comprehensive graduate education within a Christian learning environment to enable students from diverse backgrounds to positively impact the community at large and enhance the human condition through appreciation of diversity, problem-solving, and utility of meaningful and purposeful occupations.

Vision: The School of Occupational Therapy’s vision is to offer a comprehensive education to graduate students in a Christian environment, preparing them to become and continue to be occupational therapy practitioners who are committed to evidence and occupation-based practice, life-long learning, service and advocacy.

Agency and Community Based Needs

- As a healthcare profession that takes clients, their goals, and their environments into consideration while constantly pursuing relevant evidence-based practice, OT is in a unique position to serve maternal health patients. (AOTA, 2022).
- Due to the novelty of this emerging practice area in OT, there is currently limited evidence about the needs of mothers and the interventions OTs might provide.

Goals

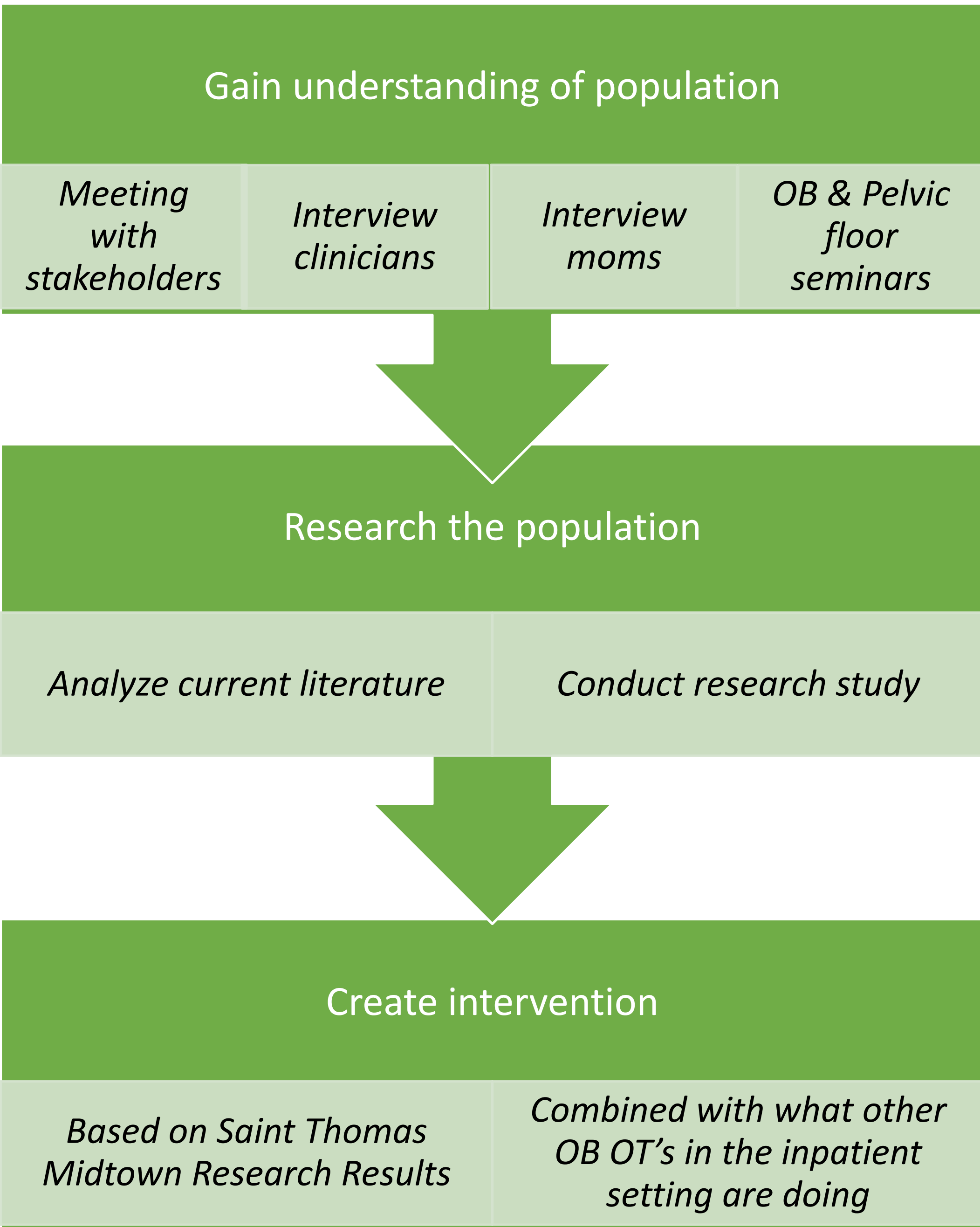
Project Goals:

- Students in the maternal health research group will complete the course requirements of OTD 6450 and contribute to the growing body of occupational therapy maternal health literature.
- Based on “Perspectives on Inpatient Perinatal Services: Implications for Occupational Therapy Practice” research results and outside information, a protocol for acute maternal health intervention will be created.

Personal Goals:

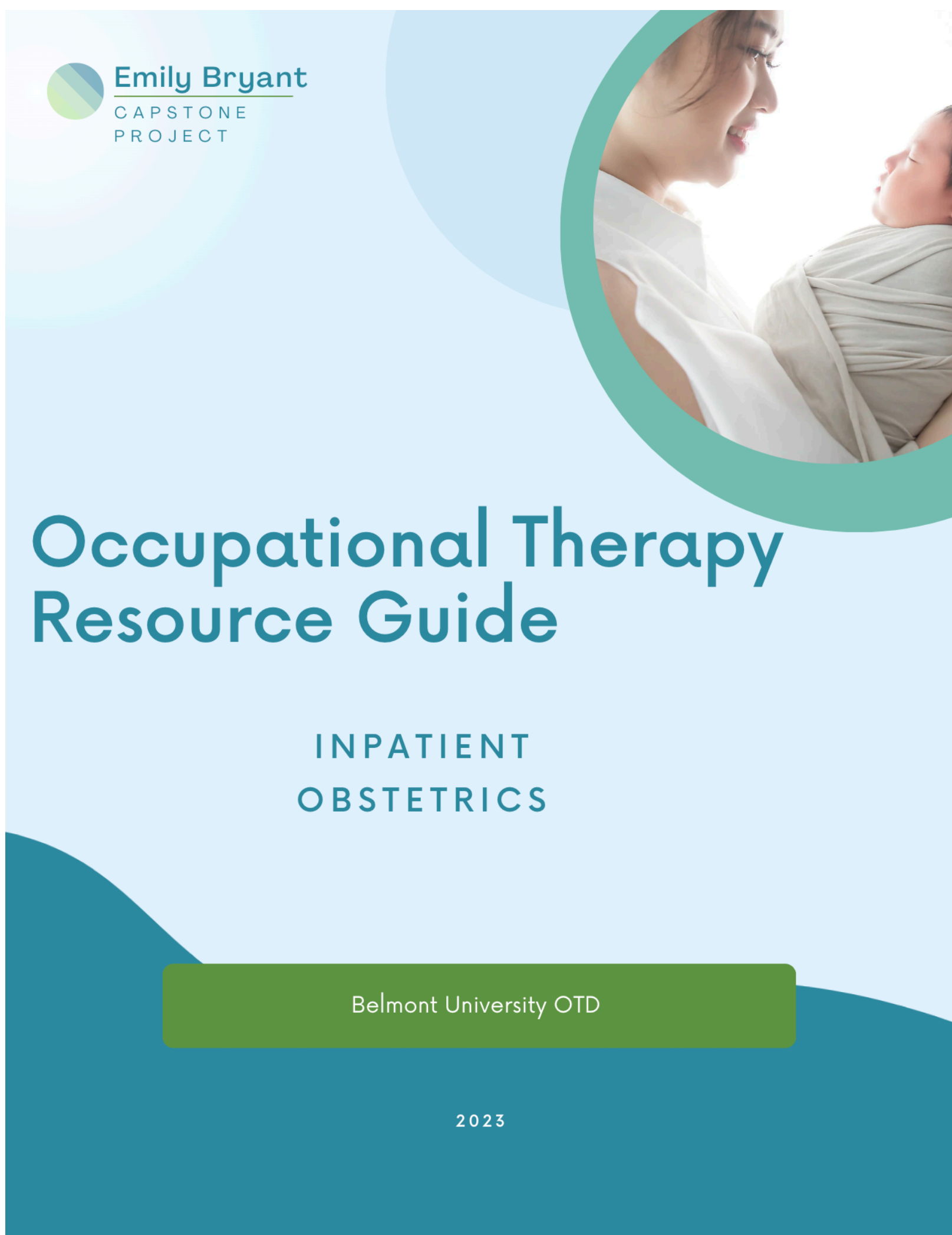
- Improve professional communication and collaboration skills
- Gain clinical practice knowledge in the OB and NICU setting

Content Development



Deliverables and Capstone Outcomes

- Lead the OTD 6450 maternal health research group under the supervision of Dr. Sue Iliff
- Created a Saint Thomas Midtown data report from the maternal health research results
- Created an inpatient obstetrics guide for occupational therapists based on the Saint Thomas Midtown data report, input from clinicians, stakeholders, seminars, birthing-people, and the current body of literature
- Completed an OB OT clinicians contact list for Belmont University OTD use
- Completed the IGNITE NICU therapist course through the National Association of Neonatal Therapists



Acknowledgments

- This project could not have been completed without the assistance of Dr. Sue Iliff. Thank you for believing in me and supporting me through this capstone experience.
- Thank you to the maternal health student research team. I am appreciative of all the hard work you put into the research study.
- Results Physiotherapy Pelvic Floor clinics, thank you for your assistance with this research study. I am grateful for the support our research team received from the staff at the clinic.
- A special thank you to Jennifer Kiermaier at Saint Thomas Midtown for being an amazing resource throughout this process.
- Lastly, thank you to all the occupational therapy clinicians who took the time to meet with me, teach me, and encourage me throughout my maternal health learning experience.



References

American Occupational Therapy Association. (2022). *About occupational therapy*. American Occupational Therapy Association. <https://www.aota.org/about/for-the-media/about-occupational-therapy>