Supporting Working Family Caregivers and Older Adults Through an Educational Employer-Based Eldercare Program

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Supporting Working Family Caregivers and Older Adults Through an Educational Employer-Based Eldercare Program

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Expert Mentor: Kayse Martin

AgeWell Middle TN

AgeWell Middle TN is a non-profit agency with 3 primary roles in the area: (1) Trusted Community Resource, (2) Catalyst for Solutions to Unmet Needs, (3) Champion & Advocate for Older Adults

Mission: To champion informed and positive aging and serve as the area’s catalyst for collaborative solutions

Vision: A community where wisdom, knowledge, skills and experience of older adults and caregivers are respected and valued, and where helpful resources, support, and information are readily available and easily accessible

Capstone Outcomes

- Collect resources for caregivers of older adults and older adults
- Write multiple lists of interview questions
- Produce key points for each informative video
- Develop educational materials
- Create marketing infographic

Capstone Goals

- Research 5 pre-determined caregiving topics
- Examine caregiving perspectives from working family caregivers and older adults
- Research resources available for working family caregivers and older adults
- Interact with stakeholders of Eldercare Coach program via events, community outreach, and meetings
- Develop educational materials for Eldercare Coach program

Identified Needs

Pertinent Issues
- Increasing older adult population
- Expectations of workers to provide care in the future
- Loss of productivity and financial return for employers

Significant Needs
- Address unmet needs of working family caregivers
- Develop solutions to mitigate the problems/issues experienced by family caregivers

Potential Solution through “Elder Coach” Program
- Provide guidance for working family caregivers
- Help employers provide caregiver friendly workplaces to their employees
- Provide collective resources, presentations, and consultation services

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References available upon request