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### Exploration of Community Resources for Adults and Children with Disabilities and Their Caregivers in Middle Tennessee

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# Exploration of Community Resources for Adults and Children with Disabilities and Their Caregivers in Middle Tennessee



Prepared by: Amanda McCutchin, OTD/S  
 Expert Mentor: Zach Stewart, ATP, National Seating & Mobility  
 Faculty Mentor: Dr. Sue Iliff, PhD, OTR/L

## Mission & Vision of Agency

National Seating and Mobility’s mission is to “deliver personalized solutions to individuals with mobility challenges by bringing together industry-leading expertise, uniquely engineered systems and breakthrough technologies. Our products and services provide independence and self-reliance to clients; reassurance to family and caregivers; and responsive, flexible and highly professional clinical support to our referral sources”.

Their vision is summarized as “...we will never be satisfied until we have exceeded the expectations of those we serve in our quest to be a trusted partner. Breaking more barriers, impacting more lives. Taking us where we aspire to be, and our clients, where they deserve to go”.

## Agency Needs

- Research and disseminate available resources for clients in Middle Tennessee, including but not limited to: ramp building, financial resources, home modifications, and supplemental equipment.
- Create a dynamic platform to disseminate the resource information in more detail, while also allowing for additional resources to be added in the future.

## Project Goals

- Create a comprehensive resource guide for clients of NSM.
- Create a physical directory version of the resource guide for distribution.
- Create a website with comprehensive, detailed description of resources.

## Acknowledgements

I would like to thank Belmont University for allowing me this opportunity to complete my doctoral capstone. I’d also like to thank the capstone coordinator and my faculty mentor, Dr. Iliff, for being readily available for feedback, guidance, and mentorship throughout this project.

I’d like to thank my expert mentor, Zach Stewart, for guiding me throughout this project and sharing with me his clients’ experiences and how much they need easily accessible resources. Thank you, Zach, for all of your guidance, mentorship, and wisdom you have shared with me throughout this project.

## Deliverables & Outcomes

Directory of Resources	Website of Resources
<p><b>Goal:</b> To produce a physical directory of resources available to clients in Middle Tennessee that can be printed and distributed during the clients’ appointments with ATPs. The goal of this directory was to be a brief overview of the resource including contact information, website, services provided, and service area of the resource to allow the client to know what the resource provides at a glance.</p> <p><b>Process:</b></p> <ul style="list-style-type: none"> <li>• Identify best format and organization for resources for clients to navigate (i.e. alphabetically, by service provided, by diagnosis or population served, etc.)</li> <li>• Create icons and icon key for directory that are easy to interpret to provide clients with a quick glance understanding of what that resource offers.</li> <li>• Research and gather resources available to residents of Middle Tennessee.</li> <li>• Produce resource guide and make suggested revisions.</li> </ul> <p><b>Outcome:</b> The outcome of this deliverable was a 23 page PDF file of the resources with their contact information (website, email, phone number, address), service provided, service area, and icon indicating the services.</p>	<p><b>Goal:</b> To produce a website of resources available to clients in Middle Tennessee to facilitate clients discovering and utilizing different services. The goal for this website was to develop a format for the resource guide that can provide more detailed information about each agency, links to applications for clients, and provide a way to sustain the project following the completion of capstone.</p> <p><b>Process:</b></p> <ul style="list-style-type: none"> <li>• Identify best, most accessible virtual platform to disseminate research to clients and continue to add resources to moving forward.</li> <li>• Create domain name and layout of website.</li> <li>• Research and gather resources available to residents of Middle Tennessee.</li> <li>• Write detailed descriptions of each agency and the service they provide.</li> </ul> <p><b>Outcome:</b> The outcome of this deliverable was a blog of 57 resources, where each agency has its own blog post that includes details about contact information, the application process, eligibility requirements, links to the website, and labels so that resources and agencies can be organized and easily searched. The website is available at: <a href="https://communityresourcesmiddletn.blogspot.com/">https://communityresourcesmiddletn.blogspot.com/</a></p>

**Bryon Riesch Paralysis Foundation**

Address: Bryon Riesch Paralysis Foundation, N14 W23900 Stone Ridge Dr, Waukesha, WI 53188  
 Website: <https://brpf.org/>  
 Phone: (262) 547-2083  
 Email: [info@brpf.org](mailto:info@brpf.org)

Service: Provides financial grants for a specific item or service for people with a neurological disorder, with people with spinal cord injuries given precedence.  
 Service area: National

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**Centennial Adultcare Center**

Address: 1808 8th Ave South, Nashville, TN 37203  
 Website: <http://centennialadultcare.com/>  
 Phone: (615) 383-3399  
 Email: None listed

Service: Adult day care, in-home services, ramp building, and minor home modifications.  
 Service area: Middle Tennessee; Three locations in Nashville (listed above), Murfreesboro, and Mt Juliet

Sample of resource directory

Community Resources in Middle Tennessee search

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Introduction Westminster Home Connection

Wheelchairs4Kids Address: 3900 West End Ave, Nashville, TN 37205

Westminster Home Con... Website: <https://www.westminsterhomeconnection.org/>

United Way 211 Helpline Phone: (615) 693-2153

United Healthcare Childr... Email: [info@westminsterhomeconnection.org](mailto:info@westminsterhomeconnection.org)

United Cerebral Palsy (... Population served: Older adults and people with disabilities who need home modifications.

UCP Equipment Exchange The Westminster Home Connection is an organization that provides mobility-related home modifications, including but not limited to: ramps, door widening, adjusting cabinets, grab bars, repairs unstable steps and handrails, and bathroom modifications to toilets, showers, and bathtubs. They also offer critical home repairs, and moving services such as assisting someone with packing. To receive these services, the person must be in case management and receive a referral. These services are provided based on when the applications are submitted. These are not emergency response services.

Tucker's House The Westminster Home Connection serves clients in Cheatham, Davidson, Hickman, Maury, Robertson, Rutherford, Sumner, Wilson and Williamson counties. Here is a link to further description of their services, and how to receive them: <https://www.westminsterhomeconnection.org/services>

Tennessee Respite Coal... Citation

Tennessee Disability Co... Westminster Home Connection. (2021). Retrieved 2021 from <https://www.westminsterhomeconnection.org/>

Tennessee Council on D...

Sample of resource website