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#### Development and Implementation of Employment and Housing **Power Week Curriculum For Next Steps**

Kelli McClintock kelli.mcclintock@pop.belmont.edu

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# Development and Implementation of Employment and Housing Power Week Curriculum For Next Steps



Kelli McClintock, OTD/S

Faculty Advisor: Dr. Christine Manville EdD, MEd, OTR/L

Expert Mentor: Quiana Jimerson

Belmont University School of Occupational Therapy

## Room In The Inn

Room In the Inn is a homeless resource center located in downtown Nashville, TN. Participants have access to essential services year-round including emergency services, transitional programs, and personal care services. Staff members and volunteers strive to create community each day through one-on-one and group interactions.

## Mission & Values

Mission: "To provide programs that emphasize human development and recovery through education, self-help and work, centered in community and long term support for those who call the streets of Nashville home."

Core Values: "Through the power of spirituality and the practice of love, we provide hospitality with a respect that offers hope in a community of non-violence."

# Population

Individuals 18+ years old experiencing homelessness in middle Tennessee. Participants at Room In The Inn have a variety of diagnoses and comorbidities including substance abuse and mental health.

# Identified Agency Needs

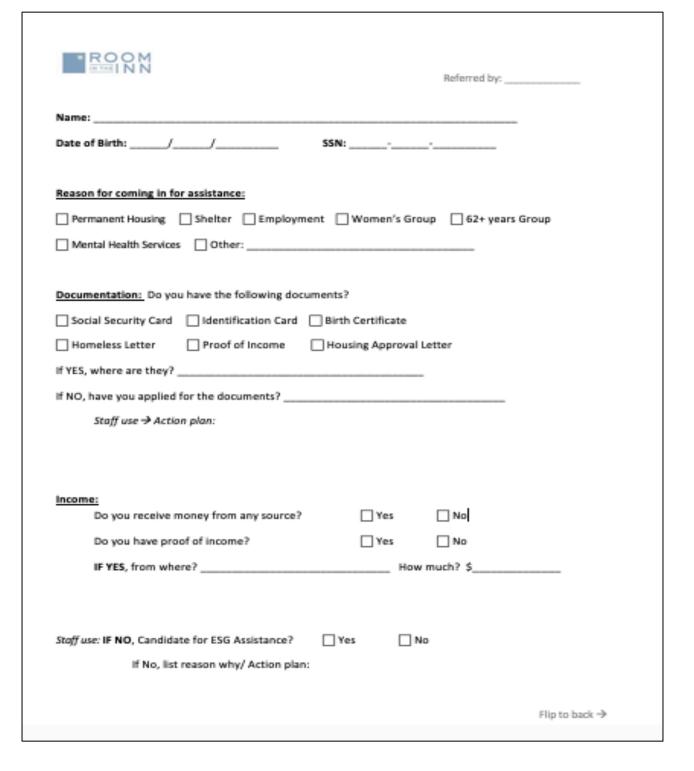
- There is a need for additional programming to the existing Employment and Housing Power Week curriculums in order to facilitate more participants towards employment and permanent housing.
- There is a need for a universal, intake questionnaire that can be used by all staff members with their respective groups in order to identify the needs and wants of participants.

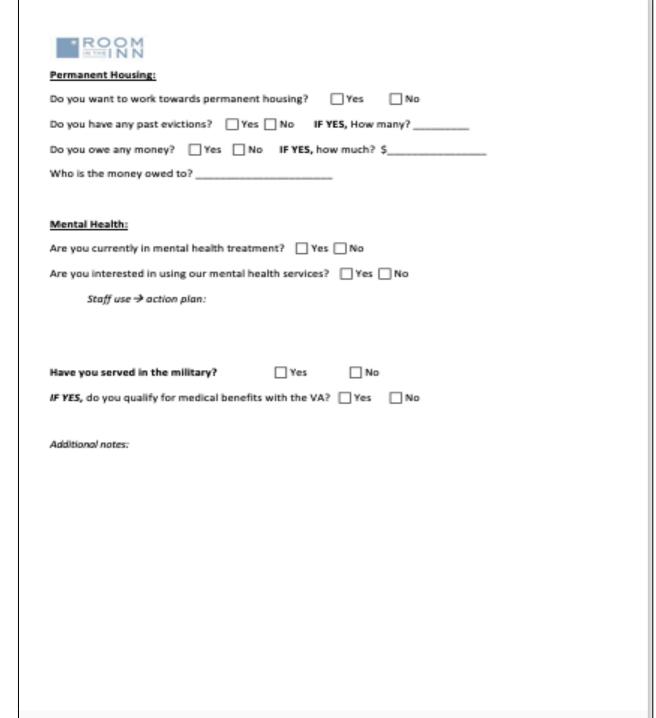
## Goals

- Identify gaps in the Employment and Housing Power Weeks through active participation in current programming.
- Establish community with participants and staff members in order to learn about the challenges and needs of the homeless population in Nashville.
- Create questionnaire and additional curriculum to facilitate more participants into next steps.

## Deliverables

#### **General Intake Form**





#### **SMART Goals Worksheet**

	cific: What is your career goal? What exactly do you want to accomplish?
2.	Is this goal specific; is the goal clearly defined? Yes No
3.	If not, further define this goal (add more details) to make it more specific.
_	surable:
	Can this goal be measured? How will you know if you reached your goal? Yes No
5.	If not, how can you make it measurable? (Breaking the goal down into a few different steps/milestones).
<u>A</u> chi	evable:
	Is this goal realistic? Can you complete this goal with your current skills/resources? Yes N
7.	If not, what are you missing? What parts are up to someone else? Rewrite your goal to include
	the missing pieces OR rewrite the goal to focus on what you can control.

	Is this goal relevant to your employment goals? Is this goal going to benefit your well-being ar
	personal growth? Yes No
9.	If not, how should this goal be adjusted to make it more realistic to you? Is this goal reachable
	given the time and resources?
<u> T</u> ime	ly:
10.	Do you have a deadline? Yes No
11.	If not, what is a realistic deadline you can set for accomplishing this goal?
12	Now put it all together. Rewrite your goal with each of the SMART qualities in mind:
13	. Identify the steps you need to take in order to accomplish this goal.
13	. Identify the steps you need to take in order to accomplish this goal.
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### **Additional Deliverables:**

- List of questions appropriate to ask landlord over the phone and at lease signing.
- Housing Conversation Role Play
- Mock Phone Calls
- Resume Template

# Takeaways

- There is an immense sense of community amongst the participants and staff at RITI full of respect, kindness and love for one another.
- People experiencing homelessness are humans too and deserve to be treated as equal members of society.
- Recovery includes participation and quality of life, not just elimination of substances.
- Not everyone is seeking permanent shelter.



# Acknowledgments

Thank you to Dr. Christine Manville for your support and encouragement establishing this project. Thank you to Quiana Jimerson for mentoring me throughout this project. Thank you to all the staff at Room In the Inn for welcoming and teaching me about your agency. This project would not be possible without your willingness to let me be a part of Room In the Inn.