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Advancing the Scientific Understanding of Spiritual Care for Trauma in Combat Veterans and First Responders

Megan Broecker
megan.broecker@pop.belmont.edu

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Advancing the Scientific Understanding of Spiritual Care for Trauma in Combat Veterans and First Responders



Megan Broecker, OTD/S
Expert Mentor: Jenny Owens, OTD, OTR/L
Faculty Mentor: Christine Manville, EdD, OTR/L



REBOOT Recovery

Mission: REBOOT helps people overcome trauma through faith-based programs.

Vision: REBOOT will become the go-to organization for faith-based healing from trauma.

Agency Needs & Project Goals

- Assist Outcomes Coordinator with the agency's research efforts
 - Conduct interviews for qualitative study
 - Analyze interview transcripts; write discussion/conclusion section of manuscript
 - Complete internal agency research projects
- Create easy to understand & compelling outcomes
 - Design graphics for social media
- Analyze REBOOT through an OT lens
 - Submit OT Practice Magazine article
- Prepare myREBOOT for public launch
 - Develop content

Deliverables

1. Research – Past, present and future
 - Zoom interviews with course graduates
 - Published 2019 Outcomes Overview
 - Manage Research Champion locations
2. Outcome graphics
 - Video ad and animated graphics (GIFs)
3. OT Practice Magazine
 - Submission of "REBOOTing Spirituality into Practice" article
4. myREBOOT content
 - Courses, Lifeguides and Challenges

Reflection

Working with REBOOT Recovery has made me realize the therapeutic value of treating the whole person and the reality of incorporating spirituality into practice as a future occupational therapist.

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